

SPECTRA

VOL.41 / NO.2

AUGUST 2026

CHAVARA VIDYA BHAVAN
An ISO 21001:2018 Certified Institution
Accredited by NABET



LINKED FOREVER - PAGE 5

ALUMNI MEMOIRS - PAGE 6

PARENTS' HUB - PAGE 4

YOUNG POETS - 17 & 18

MINDFUL MUSINGS - 19 & 20

CREATIVE CANVA - PAGE 23

READ A BOOK - A MONTH CHALLENGE - PAGE 21

MESSAGE FROM THE PRINCIPAL



THE NEXT FREEDOM STRUGGLE

Every morning, I watch hundreds of children walk into our campus wearing the same uniform. It reminds me of something I silently hope for: they should never leave school wearing the same mind. Uniforms are meant for bodies, not for minds. As we celebrate Independence Day, I often wonder if the greatest freedom we can give our children is not merely the freedom to succeed, but the freedom to think.

In a world of constant noise, comparison, and instant opinions, young minds are quietly shaped every day. Education, therefore, must do more than prepare children for examinations; it must prepare them for discernment. Such an education is never the work of schools alone. Parents give children roots, teachers help them find wings, and together we nurture the courage to ask meaningful questions, make responsible choices, and stand for what is right; even when it is difficult.

This August, as the tricolour flutters above us, may another flame rise quietly within every child; the flame of an independent mind guided by truth, integrity, and compassion. Our nation's future will not be shaped by those who all think alike, but by those who think deeply, live courageously, and serve selflessly. When our children leave school with minds that are free and hearts that are true, the story of India's freedom continues to be written.

Fr. Mathew Thomas CMI
Principal



EDITORIAL

FREEDOM FLAME

Freedom is often imagined as a flag fluttering proudly in the sky or the echo of patriotic slogans. But freedom is much more than a chapter in history. It is a living flame that continues to burn in every citizen who values justice, unity, responsibility, and hope.

The freedom we enjoy today was not gifted to us. It was earned through the courage, sacrifices, and unwavering determination of countless freedom fighters who dreamed of an independent India. They endured hardships, imprisonment, and even laid down their lives so that future generations could live with dignity and self-respect. Every time our National Flag flies high, it reminds us that freedom came at a great price.

However, the true celebration of freedom does not end with remembering the past. It begins with fulfilling our responsibilities in the present. A nation remains truly free only when its people are educated, honest, compassionate, and united.

Today, our country faces new challenges—misinformation, corruption, environmental degradation, and social divisions. These challenges cannot be overcome by force alone. They require the guiding flames of knowledge, integrity, innovation, and unity. Every student who chooses truth over dishonesty, kindness over hatred, and service over selfishness becomes a true Freedom Flame.

The torch of freedom has now been passed on to us. Our duty is not only to protect the independence won by our ancestors but also to build an India that is stronger, more inclusive, more innovative, and more peaceful. Every responsible action, however small, contributes to the progress of our nation.

Let us be the flames that spread hope instead of fear, unity instead of division, and progress instead of stagnation. A single flame can light countless others without losing its brightness. In the same way, one responsible citizen can inspire an entire community.

Freedom is not just a memory to celebrate every August—it is a responsibility to uphold every single day. Let each one of us become a Freedom Flame, keeping alive the spirit of our nation's hard-earned freedom and lighting the way toward a brighter future for India.



Swarna J S , Grade II A

PARENTS' HUB

BUILDING LEGENDS

With a heart full of joy and gratitude I greet the vibrant Chavara community through this opportunity as a reflection of a shared journey, dedication and timeless values. This speaks not only about success but of the passion and progress behind them. Guided by the charism of the CMI congregation – “True education is not the filling of a vessel but the kindling of a flame”.

CVB's legacy is visible in it's alumni, who today hold distinguished positions of authority and high level governance across the nation. Chavarites are shaped not just as mimics of information but a curious thinkers who explore and realise their true potential. Like St.Chavara, let us believe education is the light that removes ignorance and transforms society.

Through innovative teaching methods, a holistic educational approach, interactive classrooms, and dedicated teachers, students are inspired to think creatively, face the challenges of life boldly and develop a lifelong love for learning. The consistent academic achievements reflect the hard work of the students and the unwavering commitment of the teachers.

Beyond academics, the school believes in the all-round development of every student. Students actively participate in sports, cultural programmes, science exhibitions, leadership programmes and community service. These opportunities help them build confidence, teamwork, creativity, and leadership skills.

The success of CVB is made possible through the combined efforts of our visionary management, dedicated teachers, supportive parents, and enthusiastic students. Together, we have created a caring and inclusive learning community where every child feels valued, respected, and motivated to achieve their best.

As we continue our journey, I believe that they remain committed to providing quality education while nurturing responsible citizens with strong values, compassion, and integrity. Every achievement, whether big or small, is a stepping stone towards our shared vision of excellence.

Chavara Vidya Bhavan is not just a place of learning— it is a family where knowledge inspires, values guide, and every child is empowered to shine. Together, we celebrate our achievements and look forward to many more milestones in the years to come.

Mrs. Gayathri Devi G

Proud mother of Sai Vishnu S – (G4-D) & Vishnu Priya S (G-2D)



LINKED FOREVER

CHAVARA – THE LITTLE PARADISE

Some places become a part of our lives, while a few become a part of our hearts. For me, Chavara Vidya Bhavan will always remain a little paradise—a place where I found not only a profession but also a family.

I was blessed to serve at Chavara Vidya Bhavan during the years 2012–2013 and from 2016–2020 and again from 2025-26. Looking back, those years remain some of the most cherished and unforgettable moments of my life. The memories are still fresh, and they continue to fill my heart with gratitude and joy.

I consider myself truly fortunate to have been given the opportunity to serve under the able guidance of Rev. Fr. Jacob Chungath, Rev. Fr. Anson Panengaden, and Rev. Fr. Dany Kokkadan. Their encouragement, trust, and leadership shaped my journey as a teacher and as a person. I remain deeply grateful for the confidence they placed in me and for the opportunities they generously offered.

What made Chavara truly special was the warmth and love of its people. The friendship, care, concern, and selfless support I received from the management, my colleagues, and every member of the Chavara family are treasures that I will cherish forever. They were much more than co-workers—they became my extended family. At different moments, they played the roles of mentors, parents, brothers, sisters, caretakers, and true friends. Their kindness and compassion gave me strength, comfort, and a sense of belonging that words can scarcely express.

Though life has taken me to different places, a part of my heart will always remain at Chavara Vidya Bhavan. Every classroom, every corridor, every celebration, every challenge, and every smile shared there continues to inspire me. The values I learned and the relationships I built will remain with me throughout my life.

I express my heartfelt gratitude to the Management, the Principal, my dear colleagues, the non-teaching staff, the students, and everyone who journeyed with me during those memorable years. Thank you for giving me the privilege of being a part of this wonderful institution and for giving me this opportunity to pen my thoughts.

As Chavara Vidya Bhavan continues its noble mission of shaping young minds, I sincerely pray that God may abundantly bless the institution with many more years of excellence, greater achievements, and countless laurels. May it continue to be a beacon of knowledge, values, and service to society.



Tr. Sharon
Former Teacher

ALUMNI MEMOIRS

ONCE A CHAVARITE, ALWAYS A CHAVARITE

My journey at Chavara from 2011 to 2025 has been one of the most unforgettable and meaningful phases of my life. Every corner of this campus reminds me of the beautiful memories I shared with my teachers and friends. For fourteen years, Chavara was not just a place where I studied; it was a place where I learned, grew and became the person I am today.

One of the greatest blessings of my school life was having teachers who believed in me even when I doubted myself. Their lessons were not limited to textbooks—they taught me discipline, honesty, respect, kindness and the importance of lifelong learning. Their guidance continues to influence my decisions even today. The teachers at Chavara were not just educators; they were mentors who shaped my character and inspired me to become a better person.

Chavara also taught me the true value of friendship and teamwork. My classmates were an important part of my journey. We laughed together, learned together, and supported one another through every challenge. Chavara blessed me with wonderful people who became caring, loving, and lifelong friends.

After leaving school and entering higher education, I truly understood the value of the life skills I had acquired at Chavara. Time management, teamwork, communication, leadership, and problem-solving became essential at every stage of my journey. The strong foundation built during my school years has helped me face new opportunities and challenges with confidence.

I will always be proud to call this school my second home. Chavara will forever hold a special place in my heart. No matter how far I go in life, a part of me will always belong to these classrooms and corridors. I am deeply grateful for everything that CHAVARA VIDYA BHAVAN has given me.

To my juniors who are reading this, I encourage you to make the most of every day at school. Cherish every moment, learn with sincerity, and build lasting relationships. The habits, values, and memories you create today will shape your future more than you can imagine.



With Regards,

Niruthiya S P

2025 Batch

Pursuing B.E. Computer Science and Engineering – II Year

NEWS & EVENTS

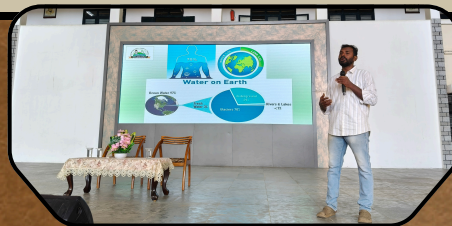
VALUE EDUCATION PROGRAMME ON ENVIRONMENTAL PROTECTION AND SUSTAINABILITY

On 01 July 2026, Chavara Vidya Bhavan organised a Value Education Programme on Environmental Protection and Sustainability to create awareness among students about the importance of protecting nature and adopting sustainable practices.

The programme commenced with a prayer, followed by a warm welcome to the distinguished resource person, Mr. Kovai Kulam Manikandan R, a passionate environmentalist and social activist from Padukappu Amaippu, Sundarapuram, Coimbatore. The programme was presided over by Rev. Fr. Joy Karippai, Bursar, in the presence of the teaching and non-teaching faculty members.

Mr. Manikandan delivered an inspiring and thought-provoking session on environmental protection and sustainability. He highlighted the urgent need to conserve natural resources, reduce pollution, and adopt eco-friendly habits in daily life. Through practical examples and motivating insights, he encouraged students to become responsible custodians of the environment and contribute towards building a greener future.

The programme concluded with a heartfelt vote of thanks. The awareness session left a lasting impact on the students, inspiring them to practise environmental responsibility and work together for a cleaner, healthier, and more sustainable world.



DOCTORS' DAY ORIENTATION PROGRAMME

As part of Doctors' Day, Chavara Vidya Bhavan MHSS, Coimbatore, organized an Orientation Programme on "General Health and Hygiene" for the students of Grade 5 on 01 July 2026 in the AV Room. The session was led by Dr. Aruna Raja Sheela R., Medical Officer, Government Primary Health Centre, who highlighted the importance of oral hygiene, healthy food choices, personal hygiene, and good eating habits. She also conducted an age-appropriate awareness session on Good Touch and Bad Touch, emphasizing personal safety, body boundaries, and the importance of seeking help from trusted adults. The interactive programme concluded with a vote of thanks, inspiring students to adopt healthy habits and lead safe, healthy lives.



NEWS & EVENTS

PARENT TEACHERS MEETING

Parents and teachers together build the foundation for every child's success.

A Parents-Teachers Meeting was conducted 04 July 2026 for the students of Grade 10, and Personal Consultancy sessions were held for Grade 12 students to review and sign their wards' progress reports. The parents met the respective class teachers, who discussed the students' academic performance, attendance, discipline, and overall progress. Teachers also shared valuable suggestions to help students improve and excel in their studies.

The meeting witnessed positive interactions, with parents expressing satisfaction with their children's progress and appreciating the school's dedicated management, committed teachers, and systematic approach to education. They acknowledged the continuous efforts taken by the institution to ensure academic excellence and holistic development.

The meeting concluded with a renewed commitment from both parents and teachers to work together for the success and well-being of every student.

Home and School Together – Shaping Bright Futures.

BIRTHDAY BASH

On 04 July 2026, the birthdays of the staff members born in the months of June and July were celebrated with joy and enthusiasm. Rev. Fr. Principal greeted the birthday celebrants with a rose as a token of love and blessings. The staff members were felicitated, making the occasion warm and memorable.

Every birthday is a new beginning filled with hope and blessings. Celebrate life, cherish every moment, and continue to inspire others.

The celebration concluded with heartfelt wishes for the good health, happiness, and success of all the birthday celebrants.



NEWS & EVENTS

A VISIT TO PRESHITHA KARUNAI ILLAM

As part of our outreach and social responsibility initiative, the students and staff of Grade 8 visited Preshitha Karunai Illam on 04 July 2026 with the noble objective of spreading love, kindness, and hope among the children.

The programme commenced with a warm welcome, followed by an inspiring address by Rev. Fr. Franklin and Br. Albin who emphasised the values of compassion, gratitude, and service towards those in need. His thought-provoking words encouraged the students to appreciate the blessings in their lives and to cultivate a spirit of empathy and generosity.

The students actively participated in the programme by presenting melodious songs and interacting warmly with the children. Their cheerful presence and heartfelt conversations created an atmosphere filled with joy, laughter, and friendship. As a gesture of love and support, the school donated essential food items, including rice, pulses, and other groceries, to the orphanage. The management, staff, and children of Preshitha Karunai Illam expressed their sincere gratitude for the thoughtful contribution and the care shown by the visitors.

The visit concluded with a group photograph, capturing the memorable moments shared during the programme. It was a deeply enriching experience that instilled in the students the values of empathy, compassion, social responsibility, and the joy of sharing. The visit reminded everyone that "The best way to find yourself is to lose yourself in the service of others."



TEACHERS TRAINING PROGRAMME – PLANTING THE SEEDS OF KNOWLEDGE

Kindergarten teachers attended the training programme "Planting the Seeds of Knowledge" on 04 July 2026, led by Satheesh Kumar R. The session introduced the Butterfly Kindergarten Series and focused on its effective classroom implementation.

The programme also provided valuable insights into NEP 2020, the National Curriculum Framework (NCF), technology-enabled teaching, and activity-based learning. Through engaging discussions and interactive activities, teachers gained practical strategies to make learning more meaningful, joyful, and student-centred.

The training concluded successfully, equipping the teachers with innovative teaching techniques and renewed confidence to create enriching classroom experiences that nurture young learners and inspire a lifelong love for learning.

NEWS & EVENTS

SCHOOL-LEVEL CHESS SELECTION COMPETITION

The Chavara Vidya Bhavan School campus buzzed with enthusiasm as students participated in the school-level Chess Selection Competition held on Thursday, 02 July 2026. The competition was organised to identify and select deserving players who will represent the school in the Department of Education Zonal-Level Chess Championship under the Boys' and Girls' categories for Under-11, Under-14, Under-17, and Under-19.

Throughout the selection rounds, the participants exhibited exceptional strategic thinking, keen concentration, and exemplary sportsmanship. The competition concluded with the students shortlisted in the first level of selection, earning the opportunity to advance to the subsequent stage of the championship.



SHRADHANJALI – MEMORIAL GATHERING IN LOVING MEMORY OF MASTER PRANESH M

With profound sorrow and heartfelt prayers, Chavara Vidya Bhavan Matric Higher Secondary School organised "Shradhanjali," a memorial gathering on 16 July 2026 to pay tribute to Master Pranesh M of Grade XI-C, whose untimely demise left the entire Chavara family in deep grief.

The programme began with a prayerful atmosphere, bringing together the management, staff, students, and well-wishers to remember the cherished student. Mr. Sasikumar delivered a moving eulogy, fondly recalling Pranesh's admirable qualities and encouraging everyone to find strength and hope during this difficult time. Representing the students, Ms. Jenifer of Grade XI-C paid a heartfelt tribute to her beloved classmate, expressing gratitude for the memories they shared and praying for his eternal peace.

As a mark of respect, floral tributes were offered by Rev. Fr. Joby Chakkalackal, Correspondent; Rev. Fr. Mathew Thomas, Principal; Rev. Fr. Joy Karippai, Bursar; teacher representatives; and the students of Grade XI-C. The gathering observed a moment of silent prayer and reflection, honouring the life of the departed soul.

Addressing the gathering, Rev. Fr. Mathew Thomas shared a message of faith, hope, and consolation. He encouraged everyone to trust in God's divine love, cherish the precious gift of life, and keep the bereaved family in their prayers.

May the soul of Master Pranesh M rest in eternal peace.



NEWS & EVENTS

AURA – THE CLUB INAUGURATION

The Club Inauguration of CVB Aura was held on 10 July 2026 with great enthusiasm and grandeur. Prof. Dr. Parthasarathy, NSS Coordinator, Bharathiar University, graced the occasion as the Honourable Chief Guest. The programme was further honoured by the presence of Rev. Fr. Joy Karippai, Bursar; Dr. John Singarayar, School Management Committee Member and Tr. Beena Tom, Teacher Representative.

The programme commenced with a prayer rendered by Chavara 7th Note, followed by the welcome address delivered by Master Gokulan R. U. of Grade 8 A. The Chief Guest was honoured with a shawl by Rev. Fr. Joy Karippai, while Tr. Beena Tom presented him with a sapling as a token of gratitude. The felicitation address was delivered by Tr. Akshayameenakshi.

In his inspiring address, the Chief Guest highlighted the importance of cultivating the right attitude, developing essential life skills, and actively participating in club activities. He encouraged students to make the best use of such platforms to discover their talents, build confidence, and nurture leadership qualities.

A significant highlight of the programme was the official launch of the club banners. The dignitaries unveiled the banners and ceremoniously handed them over to the respective staff coordinators and student representatives.

The Club Spotlight was the most anticipated segment of the event, during which each club creatively presented its vision, objectives, and planned activities. The vibrant presentations reflected the enthusiasm, talent, and commitment of the students.

The programme concluded with the vote of thanks proposed by Lisa Sajeeth of Grade 12 D, followed by the School Anthem, marking the successful inauguration of CVB Aura and the beginning of another vibrant year of club activities.



NEWS & EVENTS

BASTILLE DAY CELEBRATION - FRENCH DAY

"Liberté, Égalité, Fraternité" — "Liberty, Equality, Fraternity," the timeless motto of France, beautifully echoed through the vibrant Bastille Day celebrations held at Chavara Vidya Bhavan on 14 July 2026 in the gracious presence of Rev. Fr. Joy Karippai, Bursar.

Organised by the Department of French under the able guidance of Mrs. Parimala, the celebration was a captivating tribute to the rich heritage, language, and enduring spirit of France. The programme commenced with an enlightening presentation by students, who eloquently narrated the significance of the French Revolution in both English and French, highlighting its profound impact on world history and democratic ideals.

Adding a dramatic touch to the occasion, talented young performers staged a compelling enactment of the Storming of the Bastille, vividly portraying the historic event that became a powerful symbol of the people's struggle for freedom and justice. Their expressive performance transported the audience to one of history's most defining moments.

The celebration continued with a graceful cultural performance by the students of Grades 11 and 12, whose elegant dance showcased the artistic brilliance, rhythm, and cultural splendour for which France is renowned. Their mesmerising presentation enthralled the audience and reflected the beauty of French artistic expression.

The programme concluded on an inspiring note, leaving students with a deeper appreciation of the French language, culture, history, and values. More than a celebration, the event became a meaningful journey into the heart of France, fostering global awareness and cultural understanding among the young learners.

"La langue française est la langue de la liberté."

"The French language is the language of freedom."



NEWS & EVENTS

EDUCATION DEVELOPMENT DAY & KAMARAJAR'S BIRTH ANNIVERSARY CELEBRATION

15 July 2026 marked the celebration of Education Development Day and the Birth Anniversary of Bharat Ratna Kamarajar at Chavara Vidya Bhavan Matriculation Higher Secondary School. The programme was conducted with great reverence to honour the legendary leader whose vision transformed education in Tamil Nadu and inspired generations through his simplicity, selfless service, and unwavering commitment to the welfare of children.

The celebration was graced by our Principal, Rev. Fr. Mathew Thomas, and Bursar, Rev. Fr. Joy Karippai, whose presence added dignity to the occasion. The programme commenced with a soulful prayer song presented by Chavara 7th Note, creating a serene and respectful atmosphere.

The significance of the day was introduced by Saailesh of Grade 11, who highlighted Kamarajar's invaluable contribution to the field of education, particularly his pioneering efforts in making education accessible to every child through initiatives such as the Midday Meal Scheme and the establishment of numerous schools across the state.

Adding to the spirit of the celebration, Abishek of Grade 7 delivered an inspiring Tamil speech that beautifully portrayed the life, achievements, and visionary leadership of Kamarajar. The audience was further captivated by a thought-provoking Tamil drama titled "Kamarajar Vaazhkaiyil Oru Naal", enacted by the students of Grades 7 and 8. The performance vividly depicted significant moments from Kamarajar's life, reflecting his humility, honesty, dedication, and tireless efforts for the upliftment of society through education.

The celebration was enriched by an enlightening address by Mr. Sasikumar, Tamil Faculty, who spoke passionately about Kamarajar's principles, leadership qualities, and the timeless values that continue to inspire students and citizens alike.

Addressing the gathering, Rev. Fr. Mathew Thomas, Principal, emphasised the exemplary character of Kamarajar and encouraged students to emulate his virtues of simplicity, integrity, discipline, and selfless service. He urged every student to value education and strive to become responsible individuals who contribute positively to society.

As a mark of deep respect and gratitude, Rev. Fr. Principal, Rev. Fr. Bursar, faculty members, and student representatives offered floral tributes before the portrait of Kamarajar, paying homage to the great leader whose educational reforms changed countless lives.

The programme concluded with a heartfelt vote of thanks delivered by Sivasudhan of Grade 11, who expressed sincere gratitude to the management, dignitaries, teachers, participants, and students for making the celebration meaningful and memorable.

The programme inspired students to uphold the ideals of dedication, humility, and service that Kamarajar so beautifully exemplified.



NEWS & EVENTS

SERVIMUM 2026 – INVESTITURE CEREMONY

The Servium 2026 – Investiture Ceremony of Chavara Vidya Bhavan Matriculation Higher Secondary School was held with great dignity on 17 July 2026. The programme was graced by Mr. Suresh S, Deputy Superintendent of Police, Perur Sub-Division, as the Chief Guest. The occasion was presided over by Rev. Fr. Joby Chakkalackal, Correspondent, in the presence of Rev. Fr. Mathew Thomas, Principal, Rev. Fr. Joy Karippai, Finance Councillor and Bursar, Dr. M. Rajkumar, PTA President, Dr. A. John Singarayar, School Management Committee Member, and Mr. Dharmaraja, Election Commissioner.

The ceremony commenced with the march-past by the Chavara School Band, followed by the hoisting of the National Flag by the Chief Guest and the School Flag by the Correspondent. After the welcome address by Mr. Dharmaraja and the ceremonial lighting of the lamp, the Chief Guest was felicitated with a shawl, memento, and sapling.

The newly elected Student Cabinet members were formally invested with sashes, badges, certificates, and candles by the dignitaries. They solemnly took the oath of office, administered by the Principal, and signed the Prefect Book. The House Captains proudly received their respective House Flags, while School Pupil Leader Miss Sakthi Dharshana and Assistant School Pupil Leader Master Siddharth received the School Flag from the Principal as a symbol of their commitment to lead with dedication and sincerity.

The programme also marked the CMI Congregation's observance of the CMI Media Year, during which the Correspondent unveiled the Media Year banner and handed it over to the Principal.

In his address, the Chief Guest appreciated the school's unique ministerial system, stating that it nurtures leadership qualities and decision-making skills at a young age. The Correspondent, Principal, and PTA President congratulated the newly elected leaders and encouraged them to serve with integrity, responsibility, and commitment. The programme concluded with the Vote of Thanks proposed by School Pupil Leader Miss Sakthi Dharshana, leaving the young leaders inspired to uphold the values and legacy of Chavara Vidya Bhavan.



NEWS & EVENTS

BLUE DAY CELEBRATION – LKG A DAY DIPPED IN BLUE

The LKG students celebrated Blue Day on 10 July 2026 with excitement and delight. Dressed in beautiful shades of blue, the children filled the campus with colour and happiness. A variety of engaging activities, including storytelling, art and craft, games, and object identification, helped the children understand the significance of the colour blue. The celebration encouraged creativity, confidence, and joyful participation in every child. It also strengthened their observation skills through fun and interactive learning experiences. The event was a wonderful blend of education, imagination, and happiness, making it a memorable day for our young learners.



RED DAY CELEBRATION – PRE-KG A SPLASH OF RED

The tiny tots of Pre-KG celebrated Red Day on 10 July 2026 with great joy and enthusiasm. Dressed in bright red outfits, the children created a vibrant and cheerful atmosphere. The classrooms and activity area were beautifully decorated with attractive red-themed displays and creative props. The children enthusiastically participated in songs, rhymes, games, and fun-filled learning activities that helped them identify and appreciate the colour red. The celebration promoted observation, creativity, and active participation through experiential learning. The bright smiles of the little learners made the day truly colourful and memorable.



NEWS & EVENTS

THE LIFE SKILLS PROGRAMME

The Life Skills Programme on "Building Communication and Emotional Control" was organised on 29 July 2026 for students of Grades 6 to 9 in the presence of Correspondent Rev. Fr. Joby Chakkalackal, Principal Rev. Fr. Mathew Thomas, and Bursar Rev. Fr. Joy Karippai.

The session was led by Ms. Kirutika Gayathiri C., Certified Career Consultant and Career Architecture Specialist. She emphasised that effective communication begins with observing, listening, processing, and then speaking clearly. She encouraged students to respond thoughtfully rather than react emotionally.

The programme motivated students to strengthen their communication skills, emotional intelligence, and self-confidence



COMPREHENSIVE HEALTH SCREENING CAMP

Chavara Vidya Bhavan, in association with the Chavara Alumni Association, organised a Comprehensive Health Screening Camp on 31 July 2026 to promote preventive healthcare among students and staff. The camp was inaugurated by Rev. Fr. Joby Chakkalackal, Correspondent. The Eye Foundation, Coimbatore conducted eye screening for students of Grades IX to XII and all staff members, while Tulasi Pharmacy and Apollo Dental Care provided general health and dental check-ups for the staff. The camp enabled the early identification of health concerns and offered valuable guidance on maintaining a healthy lifestyle.



YOUNG POETS

"என் இந்தியா, என் பெருமை"

ஆழ்கடல் முத்துதெடுத்து
அலைகடல் உப்பெடுத்து
வான்மதி ஓடம் விட்டு
வளர் புகழ் வழிகொண்டோம்
மெல்லிடை நயம் கண்டு
மெல்லிழை நூல்கண்டு
நுண்மதி நனி கொண்டு
மென்னுடை கைதேர்ந்தோம்
கல்வழி கலைகண்டு
கற்பனை விழிகொண்டு
அற்புத சிலை செய்து
உலகினில் நிலைபெற்றோம்
நல்வழி எது என்று
வள்ளுவன் குறள் கொண்டு
வல்லவன் பெயர் வென்று
பல்மொழி நூல் கொண்டோம்
விண்வெளி கலம் கொண்டு
பல்திறன் பலர் சேர்ந்து
சந்திரன் வரை சென்று
இந்தியன் புகழ் சேர்த்தோம்
மென்பொருள் நனி தேர்ந்து
தனித்துவ அறிவேந்தி
தலைமைகள் பொறுப்பேற்று
புவி தனி புகழ் பெற்றோம்
'என் இந்தியா என் பெருமை உரியது'
நன்றி!

சு சஸ்மிதா
எட்டாம் வகுப்பு ஈ பிரிவு



YOUNG POETS

MY BEAUTIFUL INDIA

My beautiful India shines so bright,
With monuments that touch the skies.
Its strength, its courage, and its rise,
Fill every Indian heart with pride.
A billion dreams, a billion hearts,
Together, each one plays a part.
To be an Indian is not just pride,
But a duty we must hold inside.
The future of our nation is near,
It lives within the youth right here.
The future rests in what we do,
To make our India strong and true.
Among the strengths that make us free,
The greatest one is unity.
If we stand together, hand in hand,
We can build the world's finest land

Sivadhanyatha S

Grade 10-B



MINDFUL MUSINGS

WHAT FREEDOM MEANS TO ME

Freedom is not just about doing whatever I want. To me, freedom means having the courage to be myself, the chance to dream without limits, and the responsibility to make the right choices.

Every morning when I wake up, I am free to learn something new, express my thoughts respectfully, and work towards my goals. I may not always get everything I wish for, but true freedom is knowing that my future is shaped by my efforts, not by my fears. Freedom also teaches me gratitude. Millions of people before us sacrificed their comfort and even their lives so that we could live in an independent country. Because of them, I can go to school, express my ideas, celebrate my culture, and imagine a brighter tomorrow. Their sacrifices remind me that freedom is a priceless gift, not something to be taken for granted.

To me, freedom is like a kite flying high in the sky. It soars freely, but only because the string keeps it balanced. In the same way, freedom without discipline can lead to chaos, while freedom with responsibility helps us grow into better individuals. As a student, my freedom is reflected in small but meaningful actions—asking questions without fear, respecting different opinions, helping those in need, and making choices that bring pride to my family and my country. Every good decision I make is a step towards becoming a responsible citizen.

In the end, freedom is not measured by how many rules we can break, but by how wisely we use the opportunities we have. For me, freedom means hope, responsibility, kindness, and the confidence to dream big while helping others do the same. That is the kind of freedom I want to protect and pass on to future generations.



Kaarunyaa J
G9-D

HOW CAN I BE A RESPONSIBLE CITIZEN?

Freedom is not only about enjoying our rights; it is also about fulfilling our duties. Every year on Independence Day, we proudly remember the brave men and women who fought for our country's freedom. The best way to honour their sacrifices is by becoming responsible citizens. Being a responsible citizen starts with the little things we do every day. Speaking the truth, respecting others, keeping our surroundings clean, saving water and electricity, and following rules are all simple habits that help our country. Helping those in need, protecting nature, and taking care of public places also show our love for India.

As a student, I believe that studying well, respecting my parents and teachers, and showing kindness to everyone are important responsibilities. The values we learn today will shape the India of tomorrow. A great nation is built not only by its leaders but also by ordinary people who do the right thing every day. If each of us becomes more responsible, our country will become cleaner, kinder, and stronger. I may be just a child, but I know that every good action matters. By doing my part with honesty and love for my country, I can help build a better India. That is how I can be a responsible citizen.

Jai Hind!

Sai Vignesh JS
G7-D



MINDFUL MUSINGS

ONE GOOD CHANGE I WISH TO SEE IN INDIA

One positive change I wish to see in India is an end to corruption. Corruption affects every sector, including education and healthcare. It prevents honest and hardworking people from getting the opportunities they deserve.

This change cannot happen overnight. Every citizen must be honest, refuse to give or accept bribes, and stand against corrupt practices. Schools can also play an important role by teaching children the values of honesty and integrity from a young age.

I believe that a corruption-free India will be stronger, fairer, and more prosperous. By choosing honesty in our daily lives, we can contribute to building the India we all dream of.



Sai Vignesh J S
G7-D

HOW CAN I BE A RESPONSIBLE CITIZEN?

Being a responsible citizen means doing our duties sincerely and helping our society. As students, we can start by respecting our parents, teachers, and elders. We should follow school rules, speak politely, and help others whenever possible.

Keeping our surroundings clean is another important responsibility. We should use dustbins, save water and electricity, and protect nature by planting trees. Being a responsible citizen also means respecting the rights and feelings of others. We should be honest, obey the laws, avoid wasting public property, and use social media responsibly. By showing kindness, honesty, and discipline in our daily lives, we encourage others to become responsible citizens too. Small actions done with sincerity can create a big positive impact on our society.

If every citizen performs their duties properly, our country will become cleaner, safer, and more developed. Even as students, we can make a positive difference through our actions every day.



Bhavatharini
G9-D

WHAT FREEDOM MEANS TO ME

Change always begins with us. If we want a better future, we must first be good citizens. Freedom is a tool, not a weapon. As citizens of India, we must stand for what is right and speak against what is wrong.

Freedom is one of the greatest gifts we have received. We should feel privileged to be citizens of a well-developed and liberated country. At the same time, freedom also brings responsibility. We should use our freedom wisely and ensure that all citizens get equal opportunities to showcase their talents, thoughts, and ideas.

Small actions, such as following rules, helping others, and keeping our surroundings clean, can make a big difference. As the saying goes, "Freedom is the oxygen of the soul." Remember, A well-developed nation is shaped by good and responsible citizens.



Vishnu prahalathan K
G7-D

READ A BOOK A MONTH CHALLENGE

A Tree Grows in Brooklyn

by Betty Smith

Some books entertain us for a moment, while others leave a lasting imprint on our hearts. *A Tree Grows in Brooklyn* by Betty Smith is one such timeless masterpiece. Set in the early twentieth century, the novel follows the life of Francie Nolan, a young girl who grows up amid poverty in Brooklyn, New York. Through her unwavering determination, love for learning, and quiet resilience, Francie transforms life's hardships into stepping stones toward hope and success.

Betty Smith weaves an unforgettable narrative that celebrates the enduring strength of the human spirit. With remarkable sensitivity, she portrays the beauty of family bonds, the dignity of hard work, the value of education, and the courage to dream beyond one's circumstances. Every chapter gently reminds us that true wealth lies not in material possessions but in character, perseverance, and compassion.

As educator, I recognise in Francie's journey the transformative power of education. Her story inspires young readers to embrace challenges with confidence, cultivate gratitude, and believe that determination can overcome adversity. It is a profound reminder that every child possesses the potential to flourish when nurtured with hope, encouragement, and opportunity.

A Tree Grows in Brooklyn is far more than a coming-of-age novel; it is a celebration of resilience, hope, and the enduring power of dreams. I wholeheartedly recommend this remarkable classic to students, teachers, and parents alike. Its timeless wisdom and inspiring message continue to resonate across generations, making it a treasured addition to every school library.

Tr. Shalini
Science Faculty





HAPPY BIRTHDAY



Tr. Bhageerathy - 01 Aug



Correspondent
Rev. Fr. Joby Chakkalackal - Aug 26



Ms. Vani sree - 02 Aug



Tr. Suresh - 16 Aug



Tr. Shabitha - 18 Aug



Mr. Mutharasan - 23 Aug



Ms. Hosea - 22 Aug



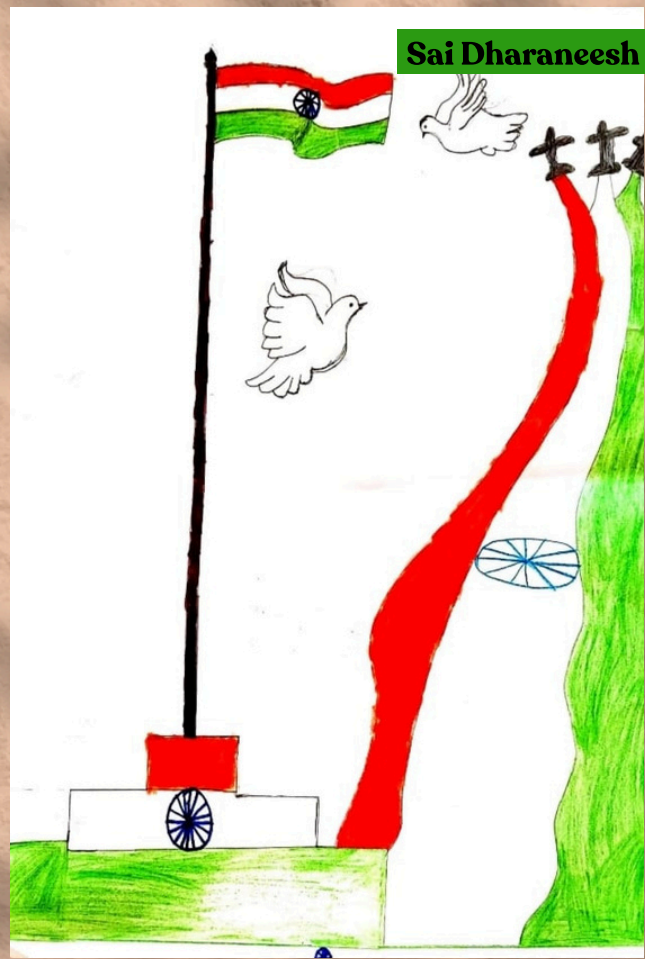
Tr. Priya Bharathi - 09 Aug



Tr. Sasikala - 27 Aug



Kalaraksha B G5-D



Sai Dharaneesh R S G5-D

Creative Canva



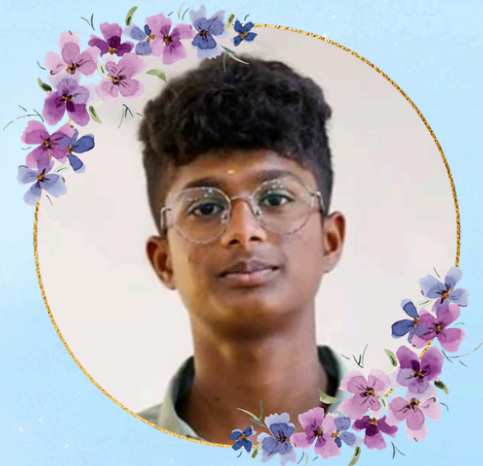
Sai Vishnu S G4-D



Ethan Mathew C G5-D

Shradhanjali

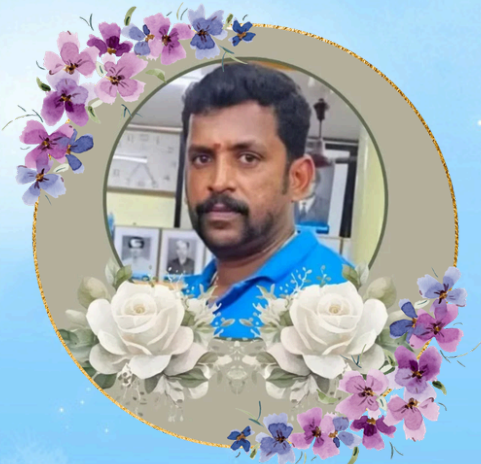
With deep sadness, we remember and honour the cherished soul who has left us too soon.



Pranesh M
Student - G11-C



Mr. Chinnadurai
H/O Mrs. Sindhu, Caretaker



Mr. Vital Kumar M
F/O Kirithik. V G 10- D M/O, Mr. Mutharasu P, Admin Staff



Mrs. Soundravalli P

Gone too soon, but forever remembered in our hearts. May their souls rest in eternal peace.

With profound sorrow, we remember all the precious lives connected with our school family who departed this month. Their absence has left a void that words cannot fully express, and their memories will forever remain in our hearts.

As a school community, we extend our heartfelt condolences to the bereaved families. May the Almighty grant eternal peace to the departed souls and bless their loved ones with strength, comfort, and courage during this time of grief.

Those we love never truly leave us; they live on in the kindness they shared, the lives they touched, and the memories they created.