

# CHAVARA VIDYA BHAVAN

An ISO 21001:2018 Certified Institution

# SPECTRA

How failures can help us reset our goals?  
Pg No: 7

Kindergarten Convocation  
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# FROM THE TREASURY

## THE POWER BANK OF LIFE: MASTERING WORK-LEISURE EQUILIBRIUM

**Hi friends,**

It's very essential for us to have a Power Bank or charger with us when we are moving fast in an Era of electronic gadgets. It makes it easy to recharge our devices wherever we are even during our journey. Similarly, we need to charge ourselves with positive energy for the creative functioning of our lives. In a busy world where people care less about family time or retreat, it is vital to find some time for personal evaluation and rejuvenation. The balance between work and leisure is what fuels our overall energy and vitality. This implies finding a harmonious balance between professional and personal life, where neither aspect dominates the other.

As you kick back and relax this vacation, remember: this break is your chance to recharge your batteries and prep for the new academic year! Think of it like resetting your phone – you clear the clutter, update your apps, and get ready for what's next. Here are a few suggestions,

**Unplug and Recharge** by pursuing your Passions. Dive into hobbies, learn something new which makes you innovative and creative.

**Reboot Your Mind** with Meditation or prayer, or read a book, or simply chill in nature enjoying the fresh air.

**Connect and Bond** by spending time with family and friends – laughter is a great recharge!



Refuel Your Goals by reflecting on your Achievements asking What worked well and how you can improve.

Set Intentions by thinking about what you want to achieve next year. Set some goals and dream plans!

Plan Ahead by Organizing your notes, prep your stationery, and get ready to crush it! Remember well planned is half done.

This vacation is your power-up moment. Use it wisely, and you'll be unstoppable when school reopens. It's about managing your priorities, setting boundaries, and making conscious choices to nurture both your life and activities.

*Let's reflect, rejuvenate and recharge.*

All the Best!!



**Rev. Fr. Shijo Chowallour CMI  
Bursar**

# EDITORIAL

## Reset and Recharge



HARSHINI RR  
G9-D

As this academic year comes to a close, we stand at a powerful turning point. The classrooms that once echoed with our laughter, the lessons that challenged us, and the moments that tested our strength have all shaped who we are today. Every mistake became a lesson, every struggle built our courage, and every small victory pushed us forward. It is not easy to walk away from a year filled with memories, friendships, and unforgettable experiences. Yet, endings are not losses—they are new beginnings in disguise. Today, we pause, breathe, and gather our strength again. We reset our minds, recharge our spirits, and step forward with bold dreams and fearless determination, ready to write an even brighter chapter in the journey ahead.

This year has gifted us memories that will stay in our hearts forever—the laughter shared with friends, the guidance and encouragement from our teachers, and the countless small moments that helped us grow stronger and wiser.

Leaving these familiar classrooms and corridors is not easy, because they hold stories of our hard work, joy, and friendships. Yet, these memories become our strength. With gratitude for the past and hope shining brightly for the future, we move forward with confidence, ready to face new challenges, chase bigger dreams, and create even more meaningful memories in the journey ahead.

### SNEAK PEEK

- Editorial
- Parents Hub
- Alumni Memoirs
- Linked Forever
- Mindful Musings
- Young Poets Corner
- Read a Book
- Faculty Features
- News & Events
- Laudation
- Creative Canvas
- Birthday Bash

# PARENTS HUB

Proud to be a Part of Chavara Family



As a parent, I am really happy that my child is studying at Chavara Vidya Bhavan. The school provides a wonderful environment where children can learn, grow, and develop strong values for life.

One of the most impressive aspects of this school is the dedication of the teachers. They take special care of each and every student individually. The teachers not only focus on academic excellence but also make great efforts to identify and nurture the unique talents of every child. Whether it is academics, sports, arts, or other extracurricular activities, they encourage students to participate and develop their abilities with confidence.

I first visited this school in 2019 for a purpose other than admission. However, during that visit I had the opportunity to observe the discipline, the learning atmosphere, and the respectful behaviour of both the students and the faculty members. I was truly impressed by the way the school functions and the values it instills in its students. After seeing all these positive aspects, I decided that this would be the right place for my children's education.

The school provides a supportive and motivating environment where students feel encouraged to explore their interests and achieve their best. The teachers guide them with patience and dedication, helping them grow not only as good students but also as responsible individuals. I sincerely appreciate the efforts of the management, teachers, and other staff for their continuous commitment to shaping the future of our children.

I feel proud and grateful that my child is part of the Chavara Vidya Bhavan family.

**Mrs. Kalaivani P**  
**Parent of Shathvick.S (G2-E)**



# ALUMNI MEMOIRS

**"Education is the most powerful weapon you can use to change the world." — B.B. King**

## MY SCHOOL

As a proud Chavarite, I am grateful for the values and education that shaped my journey. Chavara not only taught me subject lessons but also life lessons that helped me see this world in a different way. All the dreams I had have been achieved because of my teachers and this school.

Each and every day I spent in this school is still in my heart as a beautiful memory, and each and every scolding shaped me into a better version of myself.

The laughter I had with my friends is still passing through my mind as a happy memory. The relationships I built here are irreplaceable. They all filled me with joy, happiness, and peace. They helped me stand strong in all situations, and even the fights with them helped me foster my maturity. They were the first to make me stand on the stage with them, and the days I stood with them helped me stand confidently in any place.



**Diyashree S K**  
**I year B.Sc (Hons) Agriculture,**  
**TNAU, Coimbatore**  
**Class Of 2024 - 25**



The teachers did not just treat me as a student; they made me feel that this place was my home and helped me in every possible way to improve myself. They brought out my talents and helped me excel in my studies. Their teaching not only helped me then, but even now, their tips and methods help me understand better and study well. They taught me virtues, morality, and righteousness, guiding me to lead my life in a better way.

Even with all the struggles and hardships, this place taught me how to handle every situation with a smile and a brave heart. This is the place that showed me the real me and helped me enhance my talents. After completing my schooling, I look at this school not just as a school, but as a place where I found a better version of myself. Chavara not just made me as a better student but also a responsible citizen.

# LINKED FOREVER

I had the privilege of serving as a faculty member at Chavara Vidya Bhavan Matriculation School, Coimbatore, from 2024 to 2025, and this tenure stands as one of the most transformative phases of my professional journey. It provided me with invaluable opportunities to refine my pedagogical approaches while also nurturing my personal growth. As a newcomer to the institution, I was initially apprehensive; however, the warmth, encouragement, and camaraderie extended by my colleagues made my transition remarkably smooth and reassuring. The school is distinguished by its vibrant academic environment, enriched by a remarkable blend of talented students and highly knowledgeable, dedicated educators.

One of the most unique aspects of my experience was the opportunity to step beyond my academic specialization. Despite being a science graduate, I was entrusted with the responsibility of teaching English literature. This unexpected role not only challenged me but also significantly broadened my intellectual and creative perspectives. It encouraged me to explore new dimensions of language, interpretation, and expression, thereby enhancing my versatility as an educator. I owe a special note of gratitude to Ms. Chippi Chandran, whose constant guidance, insightful feedback, and unwavering support played a pivotal role in helping me navigate the subtleties and depth of literature with confidence and enthusiasm.

Beyond academics, my time at CVB also allowed me to build meaningful relationships with students and colleagues alike, fostering a sense of belonging and purpose. Each day brought new learning experiences, whether through classroom interactions, collaborative teaching practices, or participation in school activities. The institution's commitment to holistic education inspired me to strive for excellence and adaptability in my teaching methods.

Overall, my experience at CVB was not just professionally enriching but also deeply fulfilling on a personal level. It shaped my identity as an educator, instilled in me a greater sense of confidence, and left me with lasting memories and lessons. I would wholeheartedly describe my journey at the institution as truly "exhilarating," as it challenged, inspired, and transformed me in ways I will always cherish.



**Mrs. Tharani R**  
Former Teacher  
2024 - 2025

# Mindful Musings

## Holiday: A Time to Reflect, Not Just Relax

The bell has rung. The bags are packed. But the real learning may only just be beginning. Every time the holidays arrive, my first instinct is to do absolutely nothing. No alarm clocks. No homework. No uniforms. Just freedom. And honestly, the first few days of that feel amazing. But somewhere around day four or five, once the excitement settles, something quieter begins to happen. My mind, finally unrushed, starts to wander. I begin to think — not about the syllabus or exams — but about everything else.

Did I try hard enough this term? Was I a good friend? Which subject secretly fascinated me, even when I pretended not to care? These are questions I never get to ask during school because there is always somewhere to be. I used to think holidays were just the gap between one school term and the next — a pause, a blank space, time to recharge and nothing more. But I have started to see them differently now.

Holidays are the only time I get to figure out who I am outside of being a student. Without a timetable telling me what to do, I discover what I actually want to do. I pick up my sketchbook.

I read books that no teacher has assigned. I think. I have had some of my most important realizations not in a classroom, but on a lazy holiday afternoon, staring at the ceiling with nowhere to be, understanding something about myself that I hadn't noticed before. That is not wasted time. That is some of the most valuable time I have.

So this holiday, I am choosing to do both — rest, because I need it, and reflect, because I deserve to understand myself a little better.

The best version of me that walks back into school isn't just rested. She is ready — because she took the time to think.



AUREL FIONA S  
G4-A

## How failures can help us reset our goals?

Failure is not the end of success instead it is an opportunity to reset our goals and start again with better understanding. When we fail, we realize our mistakes and learn important lessons from them. These lessons help us improve our skills and make wiser decisions in the future. Failure also teaches us patience, hard work, and determination. It encourages us to think about new ideas and find better ways to achieve our goals. Many great and successful people in the world experienced several failures before achieving success. They did not give up; instead, they used their failures as stepping stones to move forward. In the same way, when we face failure, we should not feel discouraged. Instead, we should see it as a change to correct our path, set new goals, and work harder with confidence and hope.



YAZHINI SE  
G6-B

# Mindful Musings

## Balancing Rest and Responsibility

Holidays are a time to recharge, but also a chance to catch up on pending tasks. Finding the balance is key!

Why Balance Matters

- Avoid burnout after holidays
  - Make time for relaxation and fun
  - Stay on top of studies and responsibilities
1. Plan ahead: Make a schedule with time blocks for rest, study, and play.
  2. Prioritize tasks: Focus on urgent assignments or projects.
  3. Take breaks: Use short breaks to refresh your mind.
  4. Stay active: Squeeze in some exercise or outdoor time.
  5. Connect with others: Spend time with family and friends.
- Limit screen time: Set boundaries for social media and streaming.
- Set achievable goals: Don't overload yourself with too many tasks.
  - Reward yourself: Finish a task? Treat yourself to something fun.
- Create a 'Stop Doing' list: Identify tasks that drain your energy and minimize them.



LAKSHANYA SRI K  
G7-B

## Lessons I Learnt from My Past

I am a Grade 3 student. As I reach the end of this academic year, I look back and feel happy about the many things I have learned. My teachers have taught me not only subjects but also good moral values. They tell us to honour and respect our parents, which helps us receive God's blessings abundantly. They also remind us to be obedient, kind, and respectful. My teachers explain the lessons clearly, which helps me to study on my own. I also have many Good friends. They help and support me, especially during difficult times. I am grateful to my parents for giving me a loving and comfortable home. They guide me in the right way. I will keep these values in my heart and follow them in my life. I am ready to move to the next academic year.



ISHA NETHHRA K  
G3-A

# YOUNG POETS CORNER

GOODBYE TODAY,  
WELCOME TOMORROW!

Yesterday is a story that is over,  
There is no point in crying it over;  
Throw away your worries,  
Welcome the dawn with new glories!

The old passes out as the new arrives too,  
Life's beautiful cycle is waiting for you!  
Today is a new beginning,  
Let's run towards a victorious ending!

Don't let yesterday leave its mark,  
Don't let today's work lose its spark.  
Start this day with a smile,  
Walk every victorious mile!

Success is waiting for you,  
Your dreams will surely come true;  
Live in peace and prosperity!



**SIVADHANYATHA S**  
C9-B



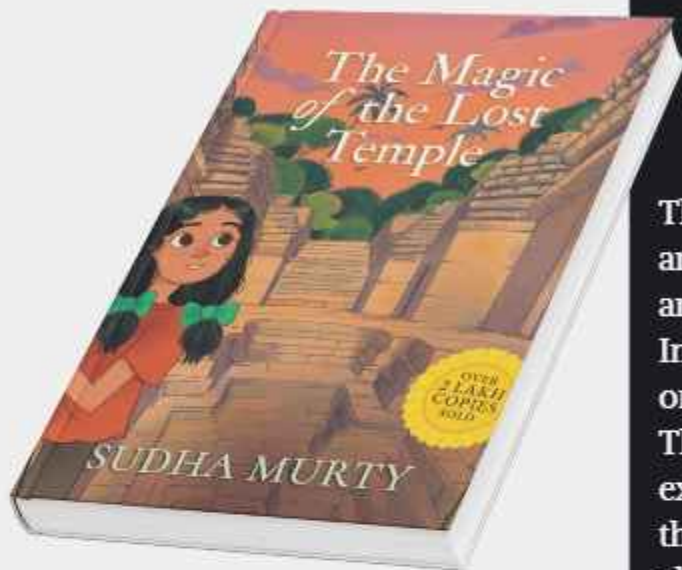
## விடுமுறை விழிப்புணர்வு

காலண்டரின் சிவப்பாய்,  
கலைக்க முடியாத நினைவாய்,  
இயந்திரமாய் ஓடிய வாழ்விற்கு,  
இடைவேளை தரும் வரமாய்!  
உறவுகள் தேடி ஓடு,  
உனக்குப் பிடித்ததைச் செய்,  
புத்தகம் தொட்டுப் படி,  
புத்துணர்ச்சி உனக்குள் விதை!  
வேலை இல்லை என்ற,  
வெறுமை கொள்ளாதே!  
"நேரம்" பொன் என்பதை,  
உணர்ந்து செயல்படு!  
கவலைகளைக் களைந்து,  
மகிழ்ச்சி சேர்த்து,  
விடுமுறையை மகிழ்வாய்,  
கொண்டாடு!



**சாய்ச்ஞ்சனா ந**  
வகுப்பு 3-அ

# READ A BOOK A MONTH CHALLENGE



## The Magic of the Lost Temple

One of the most delightful and inspiring books for students is *The Magic of the Lost Temple* by Sudha Murty. This engaging story beautifully highlights how curiosity, courage, and a willingness to learn can make life exciting and meaningful.

The story revolves around a young girl named Nooni, who spends her summer holidays at her grandparents' village. Initially, she feels out of place and bored, as she is used to the fast-paced city life filled with gadgets and modern comforts. However, as days pass, Nooni begins to adapt to her new surroundings. She starts observing nature, interacting with villagers, and forming meaningful friendships. Gradually, her boredom turns into curiosity and excitement.

The turning point of the story comes when Nooni and her friends stumble upon the remains of an ancient temple buried beneath the ground. Intrigued by their discovery, the children embark on a journey to uncover the history of the temple. Their adventure is filled with challenges, learning experiences, and moments of teamwork. Through their efforts, they not only discover the past but also develop qualities like patience, cooperation, and respect for cultural heritage.

Through this heartwarming narrative, the author emphasizes that learning is not confined to classrooms alone. Real education comes from observing our surroundings, listening to elders, and embracing new experiences. The book also encourages readers to appreciate traditions, history, and the simple joys of life.

**Message for Students:**

Dear students, *The Magic of the Lost Temple* teaches us that curiosity and determination can lead to wonderful discoveries. Reading such books helps us expand our imagination, gain knowledge, and build strong values. Let us cultivate the habit of reading every day and open the doors to endless learning and creativity through books.



**Tr. Ponnulakshmi C**  
**Librarian**

# FACULTY FEATURES

## விடுமுறை அமைதியில் பள்ளி

மாணவர்கள் சிரிப்பால் மலர்ந்த மண்டபம்,  
இன்று மௌனத்தின் மென்மையில் மூழ்கும்;  
நேற்றைய ஓசைகள் எல்லாம் நினைவாகி,  
நிழலாய் சுவர்களில் தங்கும்.

பாடப்புத்தக வாசம் தங்கிய அறைகள்,  
பார்வைக்கு மட்டும் திறந்த கதவுகள்;  
அடிக்கடி ஓடிய காலடி சப்தங்கள்,  
இன்று காற்றின் இசையாய் மறையும்.

விடுமுறை வந்தால் மாணவர்கள் போக,  
விழிகள் வெறுமையை எண்ணும் பள்ளி;  
அவர்களின் கனவுகள் திரும்பும் நாளைக்காய்,  
காத்திருக்கும் அமைதியான நிலம் அது.

சிரிப்புகள் திரும்பும் அந்த தருணத்தில்,  
மீண்டும் உயிர் பெறும் இவ்விடம்;  
மாணவர்கள் தான் பள்ளியின் இதயம் என்று,  
மௌனம் கூட சொல்லிக் கொடுக்கும்.



கல்பனா  
தமிழ் ஆசிரியர்



Take a break when you feel tired.  
Let go of mistakes and start fresh with a positive mind.  
Do things you enjoy, rest well, and stay happy.

# NEWS & EVENTS

## Kindergarten Convocation

The Kindergarten Convocation Ceremony for the academic year 2025-2026 was celebrated with great joy on 13 March 2026. The event was graced by Rev. Fr. Varghese Chakkalakal, CMI, Principal of Mount Carmel International School, Erode, as the Chief Guest, in the presence of Rev. Fr. Dany Kokkadan, Principal, Rev. Fr. Shijo Chowallour, Bursar, Dr. A. John Singarayar, PTA President, and Dr. Shalini, Parent Representative.

The programme began with a scripture reading, followed by the welcome address. The dignitaries were honoured, and the Chief Guest delivered an inspiring message encouraging the young learners to continue their journey of learning with confidence.

The highlight of the ceremony was the distribution of graduation certificates, where the little graduates proudly received their certificates in caps and gowns and shared their dreams and ambitions. Liyana of UKG A took the audience on a delightful trip down "Memory Lane," recalling the joyful moments of their KG days. A special video presentation showcasing memorable moments of the KG journey added warmth and nostalgia to the occasion.

The programme concluded with a vote of thanks, marking a memorable milestone as the young graduates stepped forward to the next stage of their educational journey.



# NEWS & EVENTS

## *Feast Day Celebration*

The feast day of our Bursar, Rev. Fr. Shijo Chowallour, was gracefully celebrated at the Provincial House on 19 March, in the presence of our Principal, Rev. Fr. Dany Kokkadan and a few staff members.

The celebration began with Rev. Fr. Shijo being honoured with a shawl as a mark of love and respect. This was followed by a joyful cake-cutting ceremony. He was warmly greeted with a rose by everyone, expressing their heartfelt wishes and appreciation.

On this special occasion, Rev. Fr. Principal felicitated Rev. Fr. Shijo, acknowledging his dedicated service and wishing him abundant blessings.

The gathering was simple yet meaningful, filled with joy, gratitude, and togetherness.



## *A Memorable Pilgrimage*

The staff of our institution embarked on a spiritually enriching and culturally enlightening pilgrimage on 31 March, visiting some of the most revered and historic destinations in Tamil Nadu.

The journey began at Basilica of Our Lady of Good Health, Velankanni Church, a sacred shrine known for its deep spiritual significance and serene atmosphere. The staff spent time in prayer and reflection, seeking blessings for the well-being of the school community.

The pilgrimage continued to Poondi Madha Basilica, another prominent Marian shrine. The visit offered a peaceful and prayerful experience, strengthening the spiritual bond among the staff members.

Blending spirituality with heritage, the group also visited the majestic Brihadeeswarar Temple, a UNESCO World Heritage Site renowned for its architectural grandeur and historical importance. The staff admired the magnificence of this ancient temple and its cultural legacy.

The final destination was the historic Kallanai Dam, one of the oldest water-regulation structures in the world. The visit provided an opportunity to appreciate the engineering brilliance of ancient India while enjoying the scenic surroundings.

The pilgrimage was a memorable experience, fostering spiritual growth, unity, and a deeper appreciation for the rich cultural heritage of our land.



# Laudation

## SILVER ZONE OLYMPIAD

### ENGLISH

#### 1ST PLACE - GOLD

Diya Babu G7-A  
Aarudhraa K G8-B  
Pradyun S.K G11-A

#### 2ND PLACE - SILVER

Ibaa Ayman G7-A  
Jenelia E G8-B  
Sarvesh R G11-A

#### 3RD PLACE - BRONZE

Desik B.B G7-A  
Mohamed Imaad Khan I G8-B

### MATHS

#### 1ST PLACE - GOLD

Mahilan K G4-D  
Gesica S G9-D

#### 2ND PLACE - SILVER

Aadithiviran M G4-B

### COMPUTER SCIENCE

#### 1ST PLACE - GOLD

Mahilan K G4-D  
Gesica S G9-D

### SCIENCE

#### 1ST PLACE - GOLD

Shravya G4-C  
Stefani K G6-D  
Gesica S G9-D

#### 2ND PLACE - SILVER

Aadithiviran M G4-B

### REASONING & APTITUDE

#### 1ST PLACE - GOLD

Gesica S G9-D

## TECHNO TALENT FEST 2025



Anjana Devi ✨

G9-D

Second Prize

Creating web page using HTML & PHP

✨ Sai Dhanvarsh

G3-B

Second Prize

Stickman dancing animation using Pivot

Stick Figure Animator



# Creative Canvas



SHAKSHI P  
G5-B



AHANA A P  
G4-C



SANJANA G  
G5-D



DIYA K  
G5-C



LAYAKSHAA V  
G5-C



KALARAKSHA B  
G4-C



ROSHINI M  
G4-B



DHAKSHAN K  
G4-B

# BIRTHDAY BASH

## APRIL



**Tr. Nagarathinam**  
09 April



**Tr. Vanathi**  
09 April



**Tr. Pradeepa**  
10 April



**Tr. Geetha Chithra**  
12 April



**Tr. Roopa Malika**  
22 April



**Tr. Douloth Begam**  
28 April

## MAY



**Tr. Sharon**  
04 May



**Tr. Chippi Chandran**  
08 May



**Tr. Nithya**  
09 May



**Tr. Beenamma Jose**  
20 May



**Tr. Prameeta**  
23 May



**Mr. Mutharasu**  
23 May



**Tr. Shanthi**  
30 May



# SHRADHANJALI

*"The Lord is ever to His followers. He walks beside us in the darkest times and leads our souls back to peace when it's over."*



**Mr. Vijaya Kumar**

We express our deepest condolences on the untimely demise of Mr. Vijaya Kumar, F/O. Yazhini V. of C10-B. We extend our heartfelt sympathies to the bereaved family and in this difficult time, let them find strength, comfort and courage to face the days ahead. May his soul rest in eternal peace and may his loving memories always remain a source of solace and inspiration for the family.

## DRAFTING COMMITTEE TERM III

### CHIEF EDITORS

Fr. Dany Kokkadan, Principal  
Fr. Shijo Chowallour, Bursar

### EDITORS

Tr. Flora, Tr. Chippi Chandran,  
Tr. Anitha, Tr. Jessy Paulson, Tr. Mallika,  
Tr. Sophia, Tr. Premila, Tr. Vanathi

### TECH -ASSISTANCE

Tr. Sunitha (January)  
Tr. Nithya (February)  
Tr. Shanthi & Tr. Sudha (March)  
Tr. MaryDiana (April)

### STUDENT EDITORS

Eva Sheryn, G12-A  
Sakthi Dharshana M, G11-D  
Harshini RR, G9-D  
Mruduni S S, G10-D